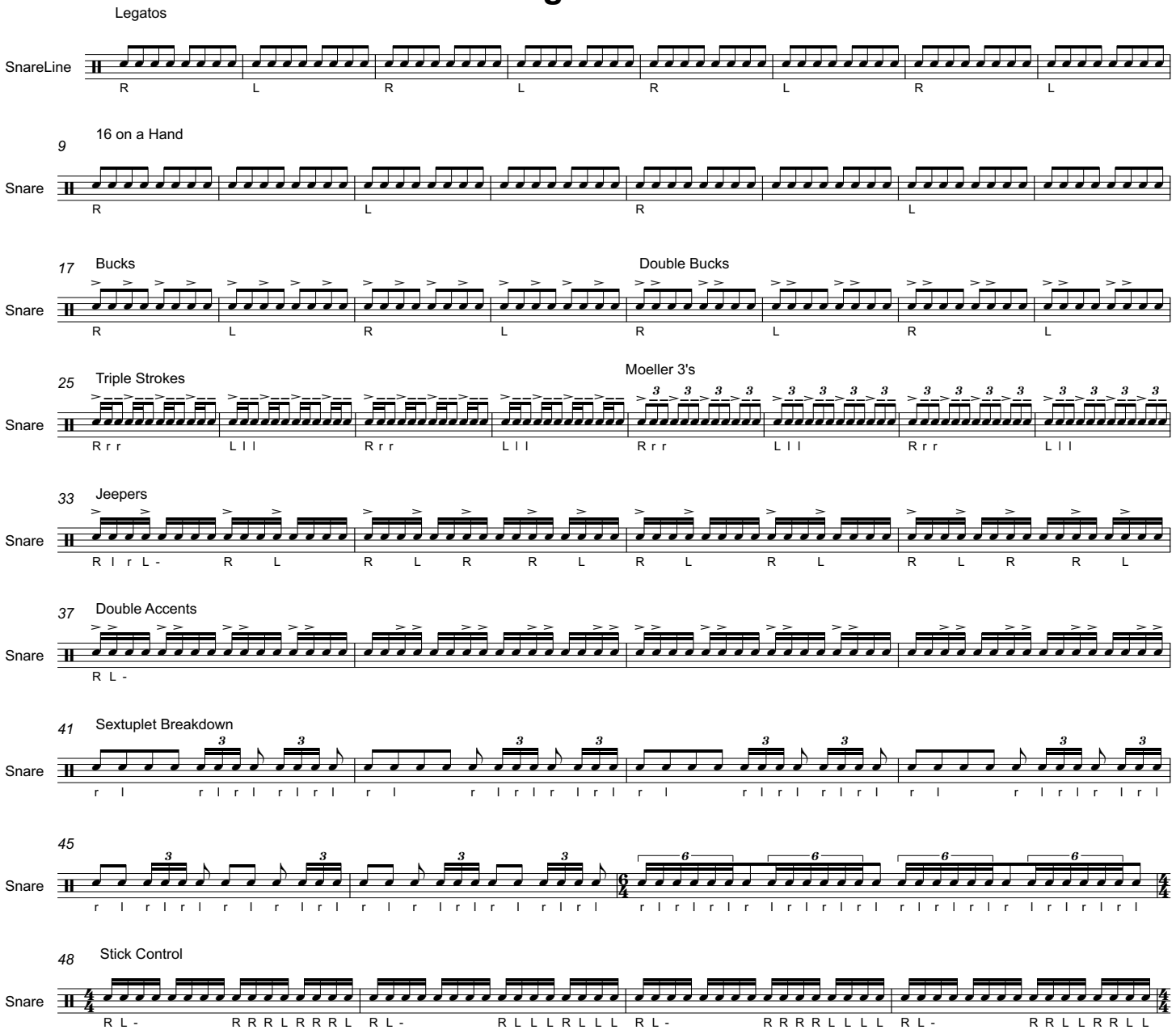
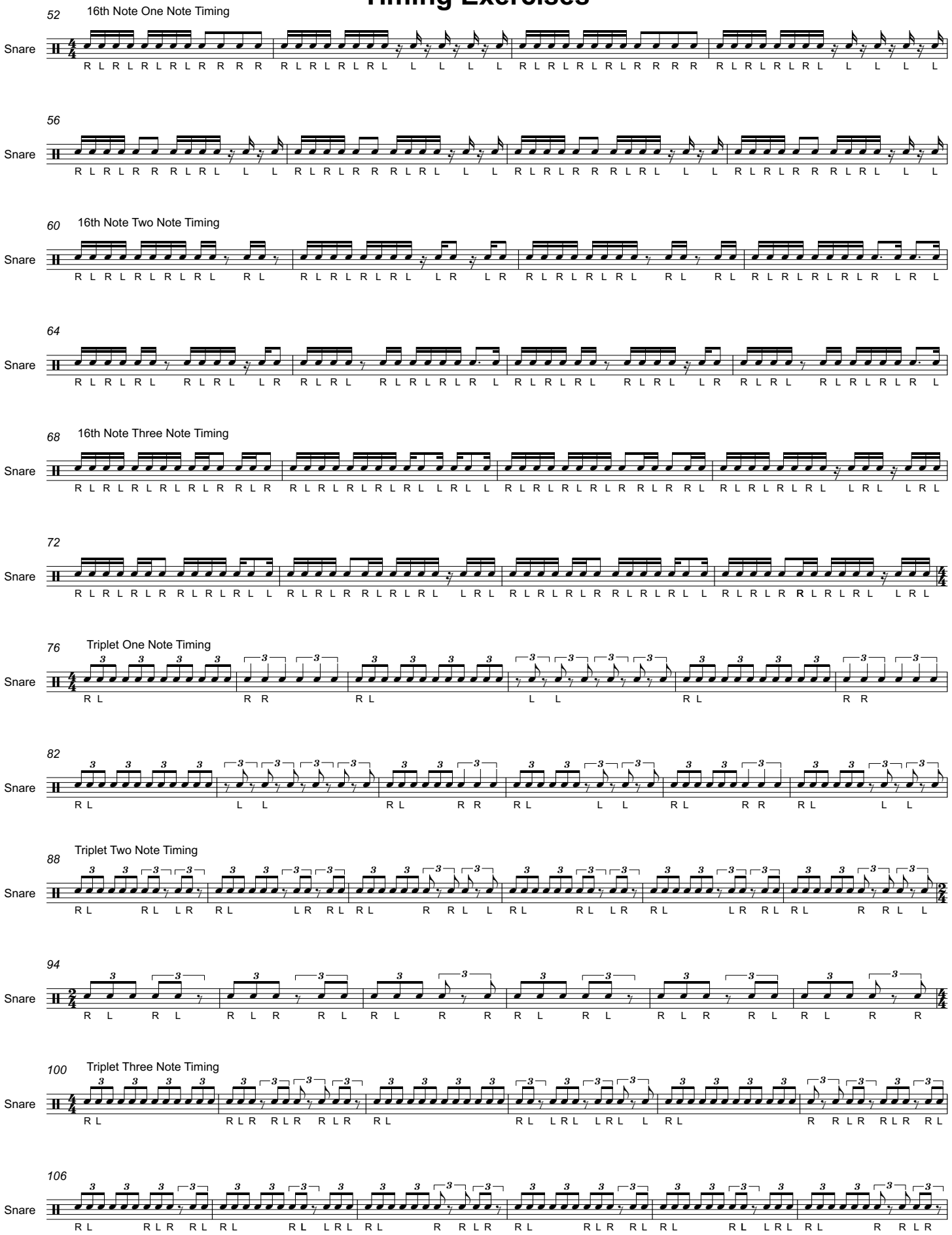
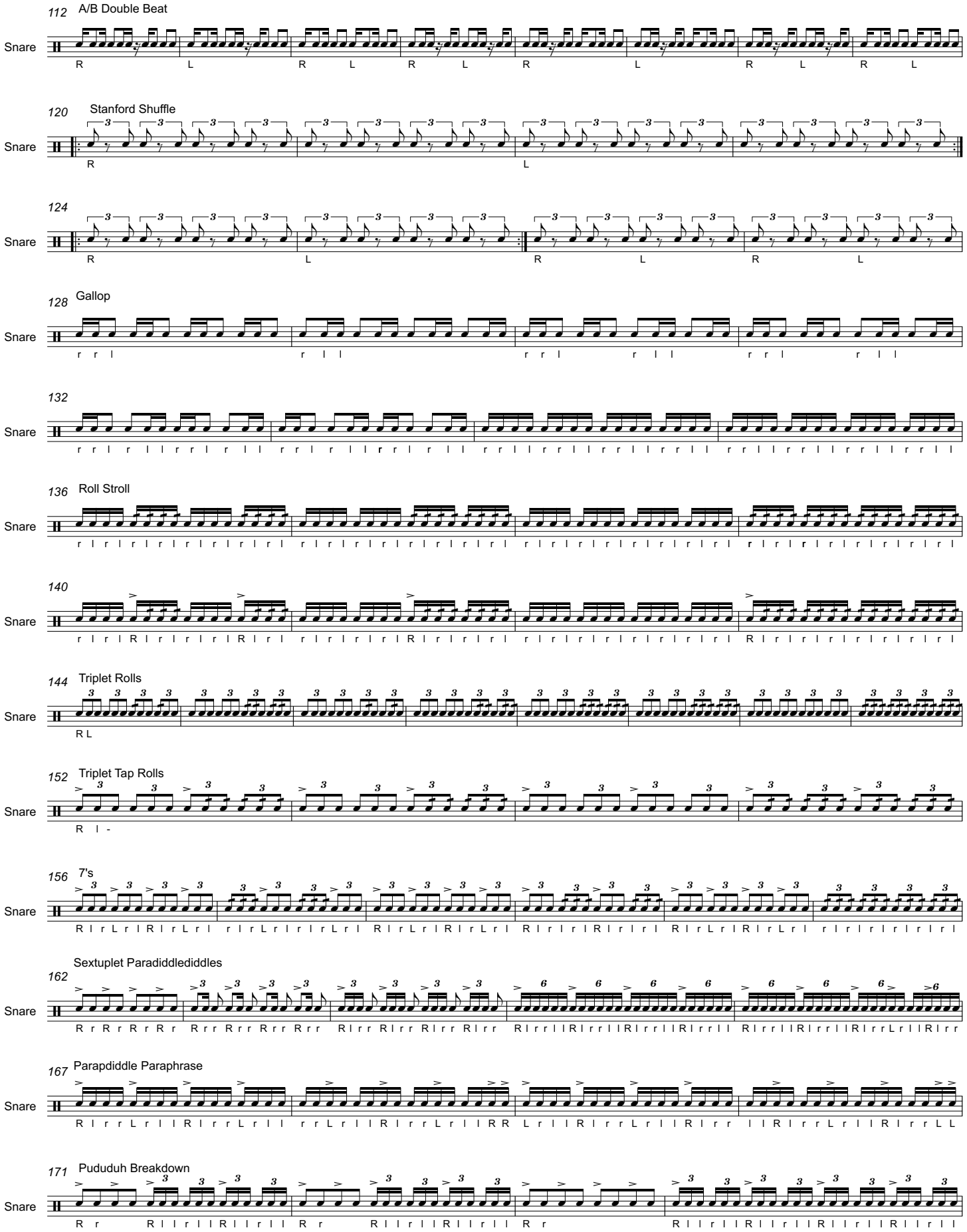
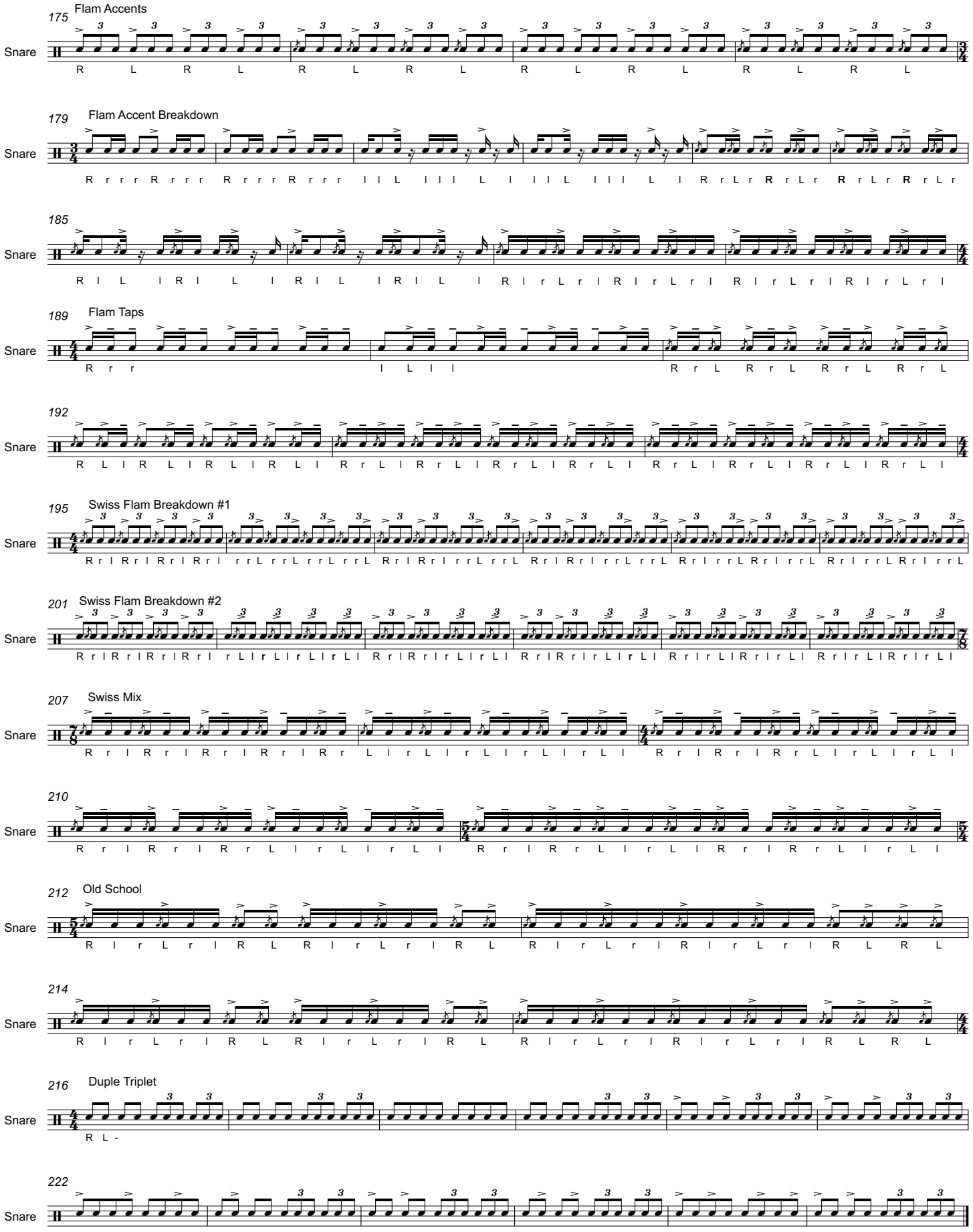
Fundamental Packet
Single Hand


Legatos
SnareLine
R L R L R L R L
9
16 on a Hand
Snare
R L R L
17
Bucks
Double Bucks
Snare
R L R L R L R L
25
Triple Strokes
Moeller 3's
Snare
R r r L l l R r r L l l R r r L l l R r r L l l
33
Jeepers
Snare
R l r L - R L R L R R L R L R L R L R R L
37
Double Accents
Snare
R L -
41
Sextuplet Breakdown
Snare
r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l
45
Snare
r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l

Timing Exercises



Rebounding Doubles


112
A/B Double Beat
Snare
R L R L R L R L R L R L
120
Stanford Shuffle
Snare
R L
124
Snare
R L R L R L
128
Gallop
Snare
r r l r l l r r l r l l r r l r l l
132
Snare
r r l r l l r r l r l l r r l r l l r r l r l l r r l r l l r r l r l l r r l r l l
136
Roll Stroll
Snare
r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l
140
Snare
r l r l R l r l r l r l R l r l r l r l r l r l R l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l r l R l r l r l r l r l r l r l r l r l r l
144
Triplet Rolls
Snare
R L
152
Triplet Tap Rolls
Snare
R l -
156
7's
Snare
R l r L r l R l r L r l r l r L r l r l r l r L r l R l r L r l R l r L r l R l r l r l R l r l r l R l r L r l R l r L r l r l r l r l r l r l r l r l
162
Sextuplet Paradiddlediddles
Snare
R r R r R r R r R r r R r r R r

Flams & Miscellaneous